

Emergency Paediatric First Aid: course programme

Qualsafe Level 3 Award in Emergency Paediatric First Aid (RQF) · One day face to face, 09:00 to 16:00



This programme shows what happens on the day. The course covers life-threatening emergencies involving infants and children. Short demonstrations are followed by hands-on practice on infant and child manikins. It is a separate qualification from the full two-day Paediatric First Aid course.

Format	One day face to face, 09:00 to 16:00
Qualification	Qualsafe Level 3 Award in Emergency Paediatric First Aid (RQF), qualification number 603/0786/9
Training centre	PLAB Guide Training Centre, Qualsafe Awards Approved Centre No. 908553
Venue	Second Floor, 308 Moseley Road, Levenshulme, Manchester M19 2LH. The training rooms are on the second floor and can be reached by stairs only.
Assessment	Five practical assessments observed by your trainer and one multiple-choice theory paper, all taken face to face
Certificate	Valid for three years. Qualsafe recommends annual refresher training.
Bring	Photo ID in the same name as your booking. Wear comfortable clothing and flat shoes: you will kneel and practise CPR at floor level.
Contact	firstaid@plabguide.co.uk · 0161 564 6162 · 07447 183842

The day

Time	Session	What happens
09:00	Welcome and introductions	Course outline, health and safety, photo ID check, Learner Agreement
09:15	Role of the paediatric first aider	Responsibilities, infant and child age ranges, infection control, incident records, PPE
09:25	Incident and casualty assessment	Scene survey, primary survey and calling for help
09:50	CPR and AED	Trainer demonstration and explanation
10:20	Break	
10:35	Unresponsive infant and child not breathing normally	Infant and child CPR with an AED, including two practical assessments
11:35	Choking	Severe choking in infants and children, with practical assessment
12:05	Lunch	
12:35	Unresponsive infant and child breathing normally	Recovery position and management of a seizure, with practical assessment
13:05	External bleeding and shock	Life-threatening bleeding and hypovolaemic shock, with practical assessment
14:45	Minor injuries	Bites, stings, cuts, grazes, bumps, bruises, splinters and nosebleeds
15:15	Break	
15:30	Theory assessment	Multiple-choice paper; course evaluation and close by 16:00